

Boxgrove Lane, Guildford, Surrey GU1 2TD

Headteachers:

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Anti-bullying Policy

At Boxgrove we want every child to:

- Love learning
- Find their strengths and talents
- Achieve more than they thought possible.

Principles and Values

At Boxgrove we believe that children are at the heart of everything that we do.

Our talented team is committed to nurturing a love of learning by providing rich and exciting opportunities to learn together. We want everyone in our community to find their strengths and talents and to achieve more than they thought possible.

To enable every child to thrive, both now and in the future, we must help them to be: creative, inquisitive, resilient, ambitious, independent and caring.

Definition of Bullying

Bullying is defined as behaviour by an individual or group, usually repeated over time, that intentionally hurts another individual or group either physically or emotionally.

In other words, bullying at Boxgrove is considered to be a 'repeated behaviour over time, inclusive of physical, verbal or cyber that is intended to hurt someone or a group of people'.

Forms and types of bullying

Bullying can happen to anyone. This policy covers all types and forms of bullying including:

- Bullying related to appearance
- Bullying related to home circumstances
- Bullying related to physical/mental health conditions
- Bullying linked to academic performance
- Physical bullying
- Emotional bullying
- Sexual bullying
- Bullying via technology, known as online or cyberbullying
- Prejudicial bullying (against people/pupils with protected characteristics)

Procedures for reporting and responding to bullying Why is it important to respond to bullying?

The Boxgrove community recognises that all forms of bullying, especially if left unaddressed, can have a devastating effect on individuals; it can create a barrier to learning and can have serious consequences for mental wellbeing. By effectively preventing and tackling bullying our school can help to create a safe and respectful environment, where pupils are able to learn and fulfil their potential.

At Boxgrove we:

- Take bullying seriously and find out the facts of any incident:
 - Helping children to develop positive strategies and to be assertive
 - Involve parents as early as possible
- Support children who are being bullied
- Help perpetrators to change their behaviour
- Encourage children to rebuild relationships
- Encourage children to speak out
- Record incidents of bullying using CPOMS

Recognise that we need to take a trauma informed approach to managing bullying and understand that perpetrators may have adverse childhood experiences (ACES) that are impacting on their behaviour.

Prevention

At Boxgrove we support staff to promote positive relationships, explicitly teaching children what these relationships look like on and offline. We use a variety of methods to support children to understand the consequences of bullying. This can be through a range of different methods:

- Assembly themes
- Year Group Assemblies
- Outdoor Play and Learning project (OPAL)
- Zones of Regulation
- PSHE lessons,
- Work with Home School Link Work (HSLW) / Emotion Litereacy Support Assistant (ELSA)
- Wellbeing Champions
- Anti-bullying lessons
- Internet-Safety lessons
- Worry boxes
- Circle Time

Playground buddies are also a way in which children are encouraged to look out for others. Children are also consulted through in-school pupil surveys and create our anti-bullying leaflet for pupils.

The School's Approach

If the school becomes aware of an allegation of bullying, we will:

- 1. Speak to the victim and record a statement from them and record on CPOMS.
- 2. Speak to any observers of the behaviour and record statements, if appropriate and record on CPOMS.
- 3. Plan next steps to seek resolution to the presenting issues, including discussing the situation with parents/carers.
- 4. Set a review meeting to ensure the victim is feeling supported and the bullying has stopped.
- 5. The perpetrator will have a Behaviour Plan to modify their behaviour.

At Boxgrove we react firmly and promptly if bullying is identified. There are a range of sanctions available depending on the agreed seriousness of the situation should bullying continue or re-occur. Some of these might include:

- Discussion with parents/carers this is likely to be in conjunction with the Leadership Team and/or Headteacher
- Exclusion from the playground for a fixed period
- Suspension from school for a period of time which the Headteacher has deemed to be appropriate
- Focussed work with HSLW or a member of SLT
- Moving classes.

Advice for Parents/Carers

Please watch and listen for signs that your child is being bullied or is bullying others. Help your child to talk through situations that they may have found 'difficult'. Do not dismiss their worries, even if they may seem trivial to you.

- Monitor the situation at home and contact the school if you continue to be concerned
- Be as specific as possible about what your child says has happened
- Continue to monitor the situation, stay in touch with the school and feedback if things improve as well as if the problems continue.

If your child is bullying others:

Many children may be involved in bullying other pupils at some time or another. This behaviour may occur because:

- The child doesn't know it's wrong
- They are copying family members or others whom they admire
- They haven't learnt other ways of mixing with their peers
- Their friends encourage them
- They are going through a difficult time and acting out aggressive feelings.

Child Friendly Information:

At Boxgrove our Year 6 Children's Leadership Team designed and created a leaflet to encourage children to understand what bullying is – <u>please click here</u>. It also encourages children to SPEAK OUT if they are being bullied or if they see other people being bullied.

Useful links and supporting organisations





Links to the above websites can be found below:

- NSPCC https://www.nspcc.org.uk/
- Childline <u>https://www.childline.org.uk/</u>
- Young Minds <u>https://www.youngminds.org.uk/</u>

Monitoring and Review

This policy is updated annually in conjunction with school staff and children.