



PSHE at Boxgrove



Intent

In PSHE, we give our children the knowledge, understanding and of emotions to enable them to play an active role in society. We encourage children to have confidence in their own thoughts and believe that anything is possible if they put their mind to it. We promote respect and tolerance for those who choose to live their lives differently to others. Having the ability to stay safe and healthy is a high priority and children are equipped to make informed decisions.



Big ideas

- Develop Cultural Capital
- Well-being week
- Year 6 buddies
- Smoothie bike
- High Quality Texts available
- Walk to school
- Pedals
- Zones of Regulation
- Emotion Coaching
- School Council
- Year 6 Roles and Responsibilities







Content and sequencing

- In the Early Years Foundation Stage, children are exposed to a nurturing environment, routines, positive role models and modelling. Children are encouraged to build their independence and develop their communication skills.
- Children will be introduced to the “Zones of Regulation” and discuss emotions.
- In Year One teachers will begin the scheme You, Me, PSHE.
- PSHE is divided into seven different strands:
 - Relationships and health education (RHE)
 - Drug, alcohol and tobacco education
 - Keeping safe and managing risks
 - Mental health and emotional well being
 - Physical health
 - Careers, financial capability and economic well being
 - Identity, society and equality

Community:

NSPCC
Healthy Schools
Christmas community tea party
Cafe B
Anxiety Workshops
Parent Support Groups
Family Meetings

		<ul style="list-style-type: none"> • Within each strand, there are age appropriate topics for different year groups. • Curriculum overview will ensure coverage of each strand. 	
 Links with English and Maths <p>Maths:</p> <ul style="list-style-type: none"> • children to learn about money and where it comes from. <p>English</p> <ul style="list-style-type: none"> • children to record their ideas in different ways. • increased vocabulary. • speaking and listening skills. • reading rules. 	<p>Retrieval  practice</p> <p><i>Zones of Regulation</i> are revisited in every PSHE unit of work.</p> <p>At the beginning of each PSHE lesson time is spent retrieving previous learning.</p> <p>Units of work are built on from the previous year.</p>	<p>Progress </p> <p>Effective assessment allows pupils and teachers to reflect on what has been learned, increases motivation for future learning and demonstrates impact.</p>	<p>Support/Inclusion: </p> <ul style="list-style-type: none"> -Lego Therapy -Nurture Groups -CIP symbols to support SEND pupils -Clicker -EAL Champions (pre-teaching) -PP Champions (pre-teaching)