



PE at Boxgrove



INTENT

At Boxgrove, we aim for a high-quality physical education curriculum which will inspire pupils to lead healthy and active lives. Each child will take part in two hours of planned physical activity each week. Progressive PE lessons aim to develop children's enjoyment, confidence and skill in physical activity, whilst promoting personal, social, intellectual and physical development. We aim for children to develop strength and endurance in order to be physically active for sustained periods of time. We will give all children the opportunity to practise their skills alone, in small groups and in teams at a competitive level, inside and outside of school.



CONTENT & SEQUENCING

- Progression of skills document for each year group in dance, gymnastics, team/invasion games and athletics.
- Curriculum overview to ensure coverage of a range of sports.
- Outdoor and adventurous sporting activities provided for each year group in KS2, including through residential.
- Large range of free after-school clubs run by staff over the course of the year, and paid-for clubs run by external sports providers.



BIG IDEAS

- All children will receive at least two sessions of physical activity each week (1 swimming session with our specialist swim teachers and 1 PE session).
- All children will be able to swim 100m by the end of year 6.
- Sports Week - children are exposed to a range of different (and less common) sporting activities over the course of the week.
- Sports day - all children will represent their house.
- Specialist sports coach to support physical interventions.
- Regular intra-school and inter-school competitions and festivals targeting groups of children including swimming galas.
- High level competitions and opportunities for our most able sports children, including participation in county level competitions.
- "Aspire" competitions for semi-sporty children and "Inspire" tournaments targeting those who are less active or just want to participate without competing.
- All children will have had the opportunity to represent the school in a sporting activity.
- All children will have access to a variety of free extra-curricular sporting activities and clubs.
- PP children and less active children targeted and selected for certain after school clubs and tournaments.
- PP/disadvantaged children encouraged to participate in the Surrey Youth Games and represent Boxgrove as Young Ambassadors.
- "Being active" encouraged outside of curriculum time e.g through residential, lunchtime play activities.
- "Boxgrove 15" - based on the Daily Mile, all classes encouraged to get out.



LINKS WITH ENGLISH & MATHS

Maths:

- Active maths website
- positional language.
- timing / measurements in certain activities.
- keeping scores.
- mathematical language used in action, e.g. "Which team scored more than 10?"

English

- increased vocabulary.
- speaking and listening skills ("To make an effective pass I need to ...").
- planning and creating games.
- reading rules.



RETRIEVAL PRACTICE

Fundamental movements skills constantly revisited.

Each year, the skills taught in a sport or activity should build on those taught in previous years.

During a series of lessons on the same activity, reflection time at the start and end of each session to recap key learning and teaching points.



PROGRESS

Effective assessment lies in clear and progressive learning objectives and learning outcomes. In this way, staff and children have something to assess against. Therefore, a core strand to our work is: to provide clear learning objectives in every PE lesson which are communicated to children in a way in which everyone understands.

Formative assessment is used throughout the lessons to keep a record of children's attainment through the use of photography and annotated planning. In addition, staff can also use the school's progression documents to support their judgements.



SUPPORT

PE lessons are inclusive to all including those who are unable to participate. Non-participants will be given an alternative role to take part in lessons, such as filming.

All year groups currently work with an external PE provider for at least part of the year. Teachers work with the PE coach to gain CPD.

Termly meetings with PE leads from other schools in the confederation.